

## Supplementary material

**Table S1.** Cronbach's alpha if item deleted and item-total correlations for each factor

Factor	Item	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Behavior	2	0.30	0.71
	4	0.33	0.70
	5	0.48	0.67
	8	0.57	0.65
	9	0.37	0.69
	10	0.47	0.68
	11	0.49	0.67
	13	0.36	0.70
Feelings/Cognitions	1	0.44	0.63
	3	0.40	0.64
	6	0.41	0.65
	7	0.30	0.67
	12	0.44	0.64
	14	0.44	0.63
	15	0.43	0.64
	16	0.31	0.69